### NEBAGAMON COMMUNITY ASSOCIATION NEWSLETTER

#### **JULY, 2018**

# HAPPY 4<sup>TH</sup> OF JULY!

There is a Calendar of Events attached to the Newsletter for the Village of Nebagamon for the 4<sup>th</sup> of July Holiday. Lots of fun activities for the whole family to enjoy. Come and participate and celebrate our nation's Birthday.

#### **JULY, 2018 EVENTS:**

- 1. There is Senior Bingo (for ages 50+) held at the Lake Nebagamon Auditorium every Friday beginning at 12 noon. The games (and lots of fun) start at 12:30, so get there early and get your cards. The Bingo is held in the lower level of the building.
- 2. Tyler Jerstedt has a Woodcarvers Group that meets the first and third Wednesday of each month at the Lake Nebagamon Auditorium. The time is from 6:00 p.m. to 9:00 p.m. and you bring your own supplies. Everyone is welcome to learn, carve, and enjoy the company of other artisans. Come and join in on the fun.
- 3. Dragintail Run/Walk. Saturday, July 7, 2018 9:00 a.m. This race is to support the Lake Nebagamon Fire Department. Contact Swan, Village of Lake Nebagamon, at: dawsomfire2@gmail.com with questions.
- 4. Exercise for Everyone! The Exercise Class is held at the Lake Nebagamon Auditorium from 9:00 a.m. to 9:45 a.m. every Tuesday and Thursday for the summer months. Cardio, weights, and balance for everyone aged 2 to 102. Research has shown cardio is great for your heart and brain. AARP Newsletter says exercise is rebuilding heart muscle cells. So, come and join us and your friends and feel good all day. Reminder...you need to bring your own weights.
- 5. "Consumer Education Information" meeting. All adults are welcome invite your friends, family, and neighbors. Come and learn about wise shopping choices for natural and chemical free products. RSVP to Debra Anderson at 218-830-2317 (leave a message if need be with your name, telephone number, and how many will be attending). You can also e-mail at <a href="meladeb@outlook.com">meladeb@outlook.com</a>. The gathering will have refreshments provided and will be from 2:00 p.m. to 4:00 p.m. on Monday, July 9<sup>th</sup>, 2018. The location is at the Phoenix Villa Apartments, 6850 S. Fitch Avenue, Lake Nebagamon, WI 54849 in the Community Room.

6. 4<sup>th</sup> of July Parade! Begins at 4:00 p.m. Start planning your floats and what you would like to enter into the parade.

REMINDER FOR BOATERS DURING THE 4<sup>TH</sup> OF JULY FIREWORKS!!! IT IS IMPERATIVE THAT YOU STAY 350 to 500 FEET FROM THE FIREWORKS BARGE.

#### **PLOGGING ANYONE?**

Jogging and picking up trash simultaneously has a new moniker called "plogging". A trend among runners and those who want to clean up the litter, Lake Nebagamon is a good candidate for these folks. Dog and leisure walkers can also participate and we call them "Plockers". With plastic gloves and bags in hand, bend from the knees instead of your back to prevent back strain. Do squats as you lower your body to put the trash into your bag. Very good for the gluts and the thighs. You will beautify your legs as well as the planet!

Barb Resheske says let's plan a group to plog or plock and have a pizza afterwards. Anyone wishing to sign up, please contact Barb at 715-817-6584.

#### **GETTING OLD ISN'T FOR THE WEAK**

Telephone books still have tiny printed names, prescription bottles have child proof caps that can't be opened by arthritic fingers, remote controls need to be read with a magnifying glass, etc., etc. Some people that don't have a computer and/or access to internet services, are charged bank fees for statements to be mailed to them. If they receive them electronically, they are free of charge.

You do have control of your bank service charges. If your bank has started this practice with your account, you can ask them to change the type of account you have so you don't get charged. If they don't have an option to offer you, there are many banks that don't charge and there is also the choice of Credit Unions. I know change is sometimes difficult, but to save money, we need to take control and not pay fees for services that should be offered free of charge.

Submitted by Barb Resheske and Debra Anderson

#### **DID YOU KNOW?**

It is against the State of Wisconsin law to spit on the sidewalks?

I am going to do some research and find out how many people are given tickets for this activity and it will be in August's Newsletter. Just for curiosity sake.

#### **NATURE NEWS**

Monarch Butterflies have been traveling in pursuit of Milkweed for three months. They travel to Southern Canada where the Milkweed range ends.

Females are now laying the second generation of eggs and these will be the grandchildren of the butterflies that wintered in Mexico. It takes about one month for each generation to develop and over the summer, three generations will be produced in the North.

In June, there will be grandchildren, July produces great-grandchildren, and August produces great-great grandchildren.

Monarchs were sighted in Lake Nebagamon in early and mid-June. They were counted and reported to "Journey North". You too can count Monarchs on their trip north or on their return South beginning in August. Please go online to "Journey North" to participate and join in this fascinating and fun adventure counting our beautiful pollinators.

Submitted by Barb Resheske

#### RECIPE OF THE MONTH

#### NON DAIRY CHIP DIP

- 2 Cups Tofu
- 2 Tabs Avocado Oil
- 1 Minced Garlic Clove
- 1 Pkg. French Onion Dip

Blend well for 4 minutes. Refrigerate a few hours to marinate and chill. Low in calories and fats!

#### **FUTURE DATES FOR EVENTS:**

<u>.Friday, August 3<sup>rd</sup>, 2018</u> – from 6:00 p.m. to 8:00 p.m. "Night Out for Literacy" – 10<sup>th</sup> Anniversary of the McGrath Memorial Library in Lake Nebagamon. The Fundraiser will be held at Bridge's Bar (on their deck) in Lake Nebagamon.

MISSION STATEMENT: To welcome businesses, community groups, and citizens of Lake Nebagamon, WI to participate in the promotion of the community. Our objective is to work together to inform Lake Nebagamon, WI area of local news.

<u>MEETINGS</u>: We meet the second Tuesday of each month, at 6:00 p.m. The location is at the Lake Nebagamon, WI Auditorium, downstairs on the lower level. Please use side entrance. Everyone is welcome!

<u>CONTACT INFORMATION</u>: Debra Anderson, Editor 218-830-2317. (Please leave a message, if no answer.) E-Mail: <u>deblnnews@outlook.com</u>.

NEWS SUBMISSIONS: DEADLINE IS THE 20<sup>TH</sup> OF EACH MONTH. Publication is on the 23<sup>rd</sup> of each month, or soon thereafter.

Would you like the Newsletter e-mailed to you? Please contact Debra at deblnnews@outlook.com.

#### DONATIONS TO THE NEWSLETTER

If you would like to donate paper for the Newsletter to be printed on, please contact Debra. Or, if you wish to donate money to purchase paper and for other expenses, please let us know.

CORF	RECT	ONS:
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We reported in the June, 2018 Newsletter that the law prohibits boaters from being within 150 feet from the fireworks barge. I received a call from Tony Colletta, Lake Nebagamon Fire Department, and he said the distance is now 350 to 500 feet from the barge. This year, they are going to be setting off larger fireworks. Therefore, the distance for the boats to stay away from the barge is greater for safety reasons.

Vould you be willing to donate money or volunteer?	
low would you prefer to be made aware of events?	
Contact info:	
Name	
Address	
Phone	
Email	
What family friendly events would you like to see in the community?	
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Would you be willing to donate money or volunteer?  Contact info:  Name  Address	

# LAKE NEBAGAMON COMMUNITY EVENTS July 3rd thru 7th

DATE/TIME	ACTIVITY	LOCATION
	TUESDAY July 3rd	
6:30pm	70th Anniversary Bartender Reunion Party w/ music by Russ Darwin	Bridge's Bar
	WEDNESDAY July 4th	
10:30am	Non-denominational Service	Public Beach
9am - 3pm	Vendor Show	Inside Auditorium
11am - 1pm	Len & Lois	Downtown Stage
1pm	Races & Kids Games	Public Beach
2pm - 3:45pm	Open Mic w/ Rising Sun Entertainment	Downtown Stage
4pm	PARADE	Downtown
5:30pm - 7:30pm	Music by "Similar Dogs"	Downtown Stage
7pm	Boat Parade	On Lake & Beach
7:30pm - 12am	Music by "The County"	Downtown Stage
Dusk	FIREWORKS	Beach/Downtown
	THURSDAY July 5th	
11am - 3pm	NCA Sponsored Community Picnic Fundraiser	Downtown
7pm - 11pm	Music by "John & Andy"	Bridge's Bar
	FRIDAY July 6th	
	"FAIRWAY TO HEAVEN" Concert w/4 Tribute bands - Free	Sponsored by Buddy Becker/RES Realty
3pm	Buddy Holly/Ritchie Valens/Big Bopper Tribute	Botten's Golf Course
5:30pm	Rubber Soul, Beatles Tribute	Botten's Golf Course
8:00pm	SFO-A Journey Tribute/Salute to Kansas & Foreigner	Botten's Golf Course
10:30pm	Free Fallin: A Tribute to Tom Petty	Botten's Golf Course
	SATURDAY July 7th	
8am - 10pm	Silent Auction by the Lake Nebagamon Fire Dept	Inside Auditorium
9am Start time	Dragontail Run Sponsored by LN Fire Dept	Front of Auditorium
Pre & Post Run	Music by "Deepwater Music School"	Downtown Stage
2pm - 5pm	Music by "Rickey Lee Biggs"	Patti's Dockside
8pm - 12am	STREET DANCE - Music by Nationally touring artists - Reed Grimm & Russ King	Downtown Stage

Saturday	Dragontail Run LN Fire Dept (Auditorium 9am) Rickie Lee Biggs (Dockside 2pm) Street Dance (Downtown 8pm)	Todd Eckhart (Dockside 2pm)  Karaoke (Dockside 9pm)	Classsics By the Lake Car Show (Downtown) Len 'N Lois (Dockside)
Friday	Fish Fry  (Dockside 11a-10p)  (Rickie Lee Biggs (Dockside 2pm)  Tribute Fest (Bottens Golf Course)	13 (Dockside 11a-10p)	20 (Dockside 11a-10p)
Thursday	NCA Picnic Fundraiser (Downtown 11a-3pm) John & Andy (Bridges Bar 7pm)	12	19
Wednesday	4 OpinioNation (Bridges 7pm) 4th Fest all Day	OpinioNation (Bridges 7pm)	18 OpinioNation ( <i>Bridges 7pm</i> )
Tuesday	Taco Tues (Bridges All Day) Free Pool (Dockside All Day) 70th Anniversary (Bridges 630pm)	Taco Tues (Bridges All Day) Free Pool (Dockside All Day)	Taco Tues (Bridges All Day) Free Pool (Dockside All Day)
Monday	2	9 DJ Trivia (Dockside 7pm) Free Pool (Bridges All Day)	16 DJ Trivia (Dockside 7pm) Free Pool (Bridges All Day)
Sunday	Proting	Bloody Mary Bar (Bridges All Day) John & Andy (Dockside 2pm)	Bloody Mary Bar ( <i>Bridges All Day</i> )

22	2 23	24		25	26 27		28
Bloody Mary Bar	DJ Trivia	Taco Tues	OpinioNation		Fish Fry	John & Andy	
(Bridges All Day)	(Dockside 7pm)	(Bridges All Day)	(Bridges 7pm)		(Dockside 11a-10p)	(Dockside 2pm)	
Bella and Zakk	Free Pool	Free Pool				1988 Class Reunion	
(Dockside 2pm)	(Bridges All Day)	(Dockside All Day)				(Dockside)	
						Karaoke	
						(Dockside 9pm)	
29	30	31					
Bloody Mary Bar	DJ Trivia	Taco Tues					_
(Bridges All Day)	(Dockside 7pm)	(Bridges All Day)					
	Free Pool	Free Pool					
Todd Eckart	(Bridges All Day)	(Dockside All Day)					
(Dockside 2pm)							

# 36th ANNUAL

# Flea Market & Dake Sale

Saturday, July 14th 8am-2pm



Bennett Town Hall
Corner of Hwy 53 & County L



## Food will be served

Vendors Welcome - \$10 per Space

# CASHDRAWING \$200 - \$100 - \$50

PLUS MANY DOOR PRIZES

For info and pick-up call:

Dale 715-374-3751

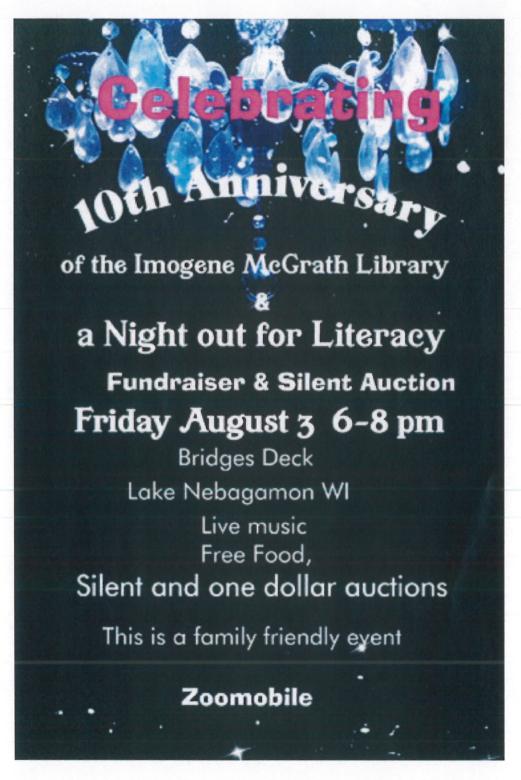
Joe 715-375-2183

Tom 715-375-2569

Dave 218-591-6410

Travis 218-393-3837





Please help us--the library is funded solely by donations. We need: prizes, themed baskets, tickets, gift cards, donations. Most important please attend--it is a very nice FAMILY FRIENDLY EVENT. To donate call Sue Enright 715-374-2429 or maureen McGrath 817-715-0200 or prizes can be left at the library.